

West Coast Dreaming

Simple Pleasures

Songs

Movies

Friends

Items I can always turn to

This never fails to brighten my spirits

ALL THE *reasons*
I AM HAPPY TO BE THE *age*
I AM RIGHT NOW!

LIST ALL THE

Unexpected Beauty

YOU DISCOVERED IN A SEEMINGLY
ORDINARY MOMENT

I AM

Empowered

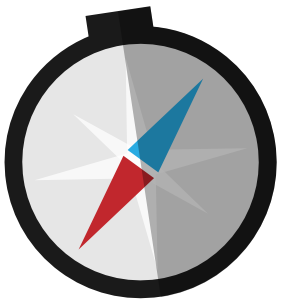
if
anything
was
possible,

what would your
life look like?

MY HAPPINESS *list*

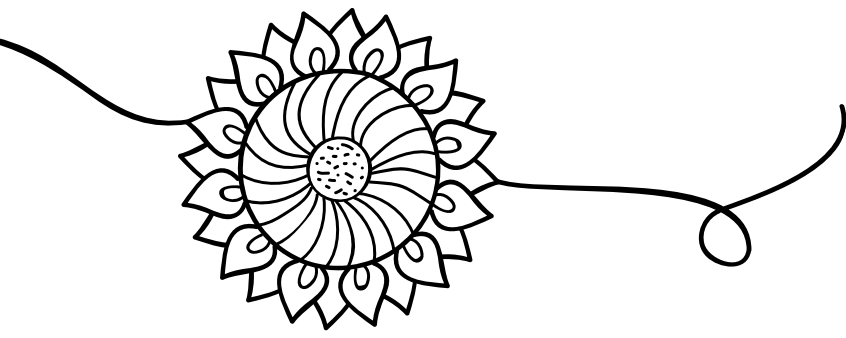
This is so Me!





*Adventures
await me!*

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WHAT COLOUR
CAPTURES WHO
YOU ARE?

Line-ups I am happy
to be waiting in





This makes me
feel strong!

Blank lined area for writing, consisting of 12 horizontal grey bars.

Thank your body for
all it is capable of.



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